



Early Years Parent Personal, Social, Emotional Development Guide



Personal, Social and Emotional Development

This area of learning relates to how your child:

- Interacts with others
- Deals with their emotions and feelings
- Develops self-confidence
- Views their behaviour and its consequences



Activities at Home

- Play games to encourage sharing and taking turns
- Talk about how things make both you and your child feel, especially when the behaviour hasn't been appropriate
- When your child does something they shouldn't have, encourage them to think about what they have done and why it was wrong
- Meet other families for play days, lunch, visits to the park, walks, swimming etc.
- Visit activities outside of the home to encourage independent play e.g. Play groups, library music sessions.