



Connect Academy Trust, c/o Leigham Primary School, Cockington Close, Plymouth PL6 8RF
 ADMIN@CONNECTACADEMYTRUST.CO.UK 01752 790990 CONNECTACADEMYTRUST.CO.UK

22 February 2024

Dear Parents/Carers,

We hope you are looking forward to the upcoming Year 4 residential to Dewerstone Cottage. In this letter is an itinerary of the trip, a highly recommended kit list and lastly, a section explaining the medical and dietary information we require about your child.

Dolphins class will be going on **Tuesday the 26th March and Wednesday the 27th of March.**
Starfish class will be going on **Wednesday the 27th March and Thursday the 28th March.**

The Year 4 team will be running a Residential Briefing for Parent/Carers of all the children going on the residential. This will be in the KS2 hall after school on Monday 26th of February, where staff members will discuss in detail about the trip and give the opportunity for adults to ask questions.

Day One

9:30- Depart from school.

10:30 - Meet at Cadover Bridge.

Walk over the moor and through the woods to Dewerstone Cottage. All luggage will be taken via the road to the cottage, the children will be keeping their rucksack as their day bag. (See kit list below).

11:45 - Briefing at the cottage. The children will be shown around the cottage, discuss rules and then they are given time to find their room and place their belongings there.

12:15- Lunch. In the past, this has been beside the river.

13:00- 16:30- Activities

The children will be divided into groups and will undertake the following activities.

River Scramble- Change into swimming clothes and wet suits and walk to Shaugh Bridge. A wet and wild scramble up small waterfalls, through rapids and pools, back to the cottage. Quick change and warm up (either by the fire or in the sun!) Wetsuits will be provided for all the children and even the staff!

Outdoor cooking- Outdoor cookery uses our field kitchen or open fires to create a delicious evening meal. Follow simple recipes, use novel ways to prepare and cook outside.

Orienteering - Orienteering session, find your way in the wild. Maps and the land around you, measuring distance with time and paces, compass work.

17:00 - Break

18:00 - Teatime, an evening meal will be prepared for the staff and children. This includes dessert!

20:00 - Making team flags and some free time

21:30- Bedtime drink and biscuit. This could include some bedtime stories with a hot chocolate.

22:00- Bed



Day 2

07:30- Breakfast. Also, time to shower and get ready for the day.

09:00- Morning activities

Pioneering session- build towers, bridges, catapults waterwheels and more! Building complex structures with simple materials. Ropes poles and barrels, Lashing and knots, stable structures and design.

Dewar's Challenge adventure race- The children will be in supervised groups of 8, to undertake the challenge course.

This will involve teams using the skills developed over to:

Navigate, abseil, build a structure, solve problems, overcome obstacles but wet, dry and muddy in the fastest possible time. Although closely supervised, teams will make decisions, prepare and use equipment to overcome challenges and obstacles only with support on safety issues.

13:00- Lunch and gathering belongings.

14:30 - Depart from Shaugh Bridge.

15:30- Return to school for pick up.

Kit list

(Kit taken could get dirty and damp so older items are recommended)

We also strongly advise to try and label everything with your child's name - clothes, shoes, and bags etc to try and negate the chance of the loss and confusion at the end of the trip.

THIS LIST IS A MINIMUM REQUIREMENT (you can bring more).

Clothes to wear on arrival

- Trousers, jogging bottoms or similar preferably not jeans x 1
- T-shirt x1
- Jumper/ fleece x1
- Socks x1
- Suitable boots or trainers with good soles or wellies. X1

In a bag suitable for carrying, e.g. small rucksack

Weather and time of year dependent

- Warm hat and gloves or Sun hat / Sun cream
- Packed lunch (First day only only)
- Drinks bottle min 1ltr
- Waterproof coat (and trousers if possible)

Clothes, bedding and overnight. This will need to be put into a soft bag or bin liner with your child's name on.

Two sets of clothes will get very wet, a bag will be provided to bring them home, but they will be sent home still wet.

- Trousers, jogging bottoms or similar preferably not jeans x 4 (maybe some shorts!!!)
- T-shirt x4
- Underwear x4
- Swimming costume, we will provide wetsuits,
- Spare shoes or trainers with good soles or wellies. X 2 **one pair to get very wet and muddy**
- Sleeping bag or duvet
- Pillow



- Nightwear
- Slippers
- Large towel
- Toothbrush wash kit etc
- Personal items soft toys, card, games, books, camera etc (electronic games, mp3s and mobile phones are not permitted)
- Medication if carried (please hand this to the class teacher on the day of the trip)
- Small torch
- Spoon, mug, bowl.

What NOT to bring:

- Sweets and snacks
- Mobile phones, tablets, electronic games and consoles etc.
- Jewellery

If a child is caught with any of the 'Not to bring items' these will be confiscated and handed back to parents/carers upon collection.

Parents and Carers should be aware that if their child does not follow the instruction of the staff from school or at the sites, displays inappropriate behaviours, or acts in a way dangerous to themselves or to others, the school has the authority to phone home and ask for your child to be collected and that you understand that you may need to collect your child in the unlikely event this may happen.

Many thanks,

The Year 4 Team.

