



Thrive At Eden Park

Here at Eden Park Primary School Academy, every child matters and all children need to feel safe, valued, special, appreciated and included. We want every child coming to our school to feel happy, content and confident, ready to embrace the day in our secure, caring and friendly environment.

However, some children face many challenges, which means that some of their social and emotional needs may be greater than those of others. By using The Thrive Approach, we will help support and guide the children in our care, in a secure and friendly atmosphere, building on the element of trust and offering stability. By attuning to our children we will acquire a better understanding of what is going on for them.

What Is the Thrive Approach

Thrive is a dynamic developmental approach, which engages with the latest research in neuroscience as well as current studies of effective learning and child development. Its positive and effective approaches are built around a web-base, with tailored assessments and action plans, supporting vulnerable children's social and emotional learning.

We are here to help some children to re-engage with their learning in life and the whole school benefits from a common understanding of what is being signalled by certain behaviours.

What Are Action Plans

Action Plans are a programme of activities mapped out to the individual needs of each child and is there to support their social and emotional learning targets. It is a promise of confidentiality in order to support children and parents alike. Whilst Thrive Action plans resemble a timetable of mostly play and fun, they are designed to provide children with the experiences to strengthen their stress management systems, increase their capacity for emotional regulation and to give them better access to positive thinking and in turn children become more resilient, playful, loving, accepting, curious and empathic.

Thrive Is Everywhere

Thrive does not just take place in our Thrive room. Thrive is a way of life at Eden Park. It is evident across our school and in everything we do; from play to our learning curriculum and our positive, cheerful, welcoming approach across the school with parents, pupils and visitors. In the sharing of our reward assemblies and enjoying the achievements and results of our irresistible learning outcomes and many more from Forest School (known as Wild for Learning), creative clubs and residential trips.

Thrive is like any other 'Intervention' across our school, offering extra support to children when they are struggling. Children will learn who they are and how the world is by forming relationships with people and the things around them.

All staff should use the THRIVE techniques and strategies on a daily basis when encountering children. We have a duty to support their healthy development and emotional well-being.